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Brian Langford

# Strengths Insight Guide

SURVEY COMPLETION DATE: 01-24-2022



DON CLIFTON

Father of Strengths Psychology and  
Inventor of CliftonStrengths

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Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

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## Your Top 5 Themes

1. Context
2. Activator
3. Responsibility
4. Restorative
5. Adaptability

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## Context

### SHARED THEME DESCRIPTION

People who are especially talented in the Context theme enjoy thinking about the past. They understand the present by researching its history.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

By nature, you are a history buff — that is, someone ardently devoted to studying the past. You are especially drawn to firsthand accounts of global conflicts. You link people to events and trace timelines. You are likely to examine major battles from the perspective of foes and allies as well as neutral parties. The sum of your findings probably allows you to determine what started and eventually ended each war. Driven by your talents, you derive much pleasure from conversing with people who value history. You are intrigued by the varied philosophical views these experts have concerning the causes of events and the behavior of historic figures. Chances are good that you enjoy acquiring information about the past from experts. You feel a lot more capable when you are knowledgeable about various periods of history. It's very likely that you enjoy having opportunities to think with people who reflect on past events. Why? They can relay — that is, pass along — information that helps you put the words and deeds of people in their proper perspective. Instinctively, you diligently examine past events. You find patterns that keep recurring. This information allows you to anticipate what can happen in the future. You grasp the meaning of George Santayana's warning: "Those who cannot remember the past are condemned to repeat it."

#### Questions

1. As you read your personalized strengths insights, what words, phrases, or lines stand out to you?
2. Out of all the talents in this insight, what would you like for others to see most in you?

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## Activator

### SHARED THEME DESCRIPTION

People who are especially talented in the Activator theme can make things happen by turning thoughts into action. They are often impatient.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

Driven by your talents, you routinely raise the spirits of people by putting aside what you are doing and giving them your undivided attention. You work diligently to repeat the key ideas or questions they voiced. Instinctively, you excel at launching new projects, assignments, jobs, and other activities. Many times, you are the person who motivates people to begin tasks. You prefer difficult-to-reach goals. You prefer to take charge. You forge ahead rather than wait for someone in authority to give you permission to start. Chances are good that you pay close attention to intelligent conversations. You have a knack for giving credit to individuals who make key points that advance everyone's understanding of a theory, concept, or idea. You file away or make a mental note about this information, knowing it will be useful one day. Because of your strengths, you want to be in charge. As soon as you have made up your mind, you are eager to get started. People who interfere with your progress probably irritate you. By nature, you empower people with your air of certitude — that is, confidence. Your very presence reassures them that they indeed are quite ready and capable of tackling assignments, spearheading projects, or playing key positions on a team.

#### Questions

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## Responsibility

### SHARED THEME DESCRIPTION

People who are especially talented in the Responsibility theme take psychological ownership of what they say they will do. They are committed to stable values such as honesty and loyalty.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

Driven by your talents, you often ponder what you must do better. You find new ways to deliver on the commitments you have made. Keeping promises is just one way you enhance the quality of your work. Because of your strengths, you characteristically are a dependable person. You often know the right thing to do in a variety of situations. Your methodical thinking and thoughtful nature usually influence your words and deeds. Chances are good that you are known as a reliable and dependable person. You are motivated to work diligently. You cannot rest until you have completed what you told someone you would do. By nature, you experience pangs of remorse when you realize you failed to do something you promised to do. You feel awful when you do not do something correctly. You probably regret having compromised your basic values about right and wrong. Instinctively, you are held in high regard because of your dependability and consistent values. You are someone upon whom others often rely. Why? You do exactly what you said you would do.

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## Restorative

### SHARED THEME DESCRIPTION

People who are especially talented in the Restorative theme are adept at dealing with problems. They are good at figuring out what is wrong and resolving it.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

Driven by your talents, you definitely desire to be an influential person. You want to be put in charge of important groups or projects. You pay close attention to the behaviors, processes, or plans you need to perfect, upgrade, or simply do better. Because of your strengths, you usually consider what you need to do better as a person or as a professional. You are surprised when you realize how much time you have spent thinking about an important problem, issue, or question. By nature, you intentionally keep abreast of current events. You study areas of special interest to you either personally or professionally. You consistently acquire new information to make needed upgrades. You seek to understand things that most people do not comprehend. You want to make things better tomorrow than they were today. It's very likely that you enjoy putting things in order. You want to make your living space and workspace presentable and tidy. Finding ways to do this even better gives you much pleasure. Instinctively, you constantly search for ways to better yourself by making changes or corrections.

#### Questions

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## Adaptability

### SHARED THEME DESCRIPTION

People who are especially talented in the Adaptability theme prefer to “go with the flow.” They tend to be “now” people who take things as they come and discover the future one day at a time.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

Instinctively, you effortlessly adjust to the shifting challenges of the day. You enjoy variety and change. You are comfortable allowing each day to unfold on its own terms. You feel little stress when predetermined timelines must be scrapped. You probably regard rigidly organized plans and routines as barriers rather than helpful tools. By nature, you perform quite well in situations where shifting priorities and changing plans are the norm. You have a gift for reacting in the moment rather than delaying action. It’s very likely that you labor tirelessly on whatever needs to be accomplished today. You likely are willing to change your plans when the people around you change theirs. You ordinarily remain quite calm when others reverse their decisions, modify their schedules, or cancel their appointments. Chances are good that you contend that life consists of many uncertainties. This explains why you are cautious about guarantees, sure deals, cannot-fail projects, novel proposals, and money-making schemes. You feel restricted when forced to adhere to someone’s inflexible plan of action. You prefer to let the future unfold at its own pace. Because of your strengths, you allow your life to unfold naturally. You trust you will find your path as it evolves. You resist being tied to predetermined plans and standardized systems. You prefer to experience life in the moment. You are eager to see where it takes you.

#### Questions

1. As you read your personalized strengths insights, what words, phrases, or lines stand out to you?
2. Out of all the talents in this insight, what would you like for others to see most in you?